



Week 1: Welcome Week

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM-10:00 AM	Introductions/ Rules/ Ice breakers	Daily Warm- up/ Group Ice breakers	Daily Warm- up/ Name game	Daily Warm- up/ Pirate game	Daily Warm- up/ Atom game
10:00 AM-10:15 AM	Snack time	Snack time	Snack time	Snack time	Snack time
10:15 AM-12:00 PM	Making groups/ Outdoor Track Events (100M, Relay etc.)	Rookie Rugby 	Soccer Supreme/ Velcro Ball (Everblast)	Soccer 	Octopus/ Solider
12:00 PM-1:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM-2:15 PM			Croquet 	Water Park 	Playground 
2:15 PM- 2:30 PM	Snack time	Snack time	Snack time	Snack time	Snack time
2:30 PM-3:30 PM	MUSICAL CHAIRS 	CAPTURE THE FLAG 	Tug of War 	Night Crawlers	Hot Potato/ Scary Stories
3:30 PM-4:00 PM	Free time 	Free time 	Free time 	Free time 	Free time 
4:00 PM- 4:30 PM	Sign-out	Sign-out	Sign-out	Sign-out	Sign-out

* Due to weather conditions or unforeseen circumstances schedule may change.